Alpha-gal Syndrome
Mammalian Meat Allergy

AGS makes you sick 2-10 hours after you eat mammalian meat, not right away.

AGS is thought to be triggered by tick bites—in the U.S., the bite of the Lone Star Tick. The Lone Star Tick is found in the Southeast, on the East Coast, and in the Midwest.

Symptoms can include one or more of the following: hives, angioedema (swelling), abdominal pain, digestive upset, difficulty breathing, low blood pressure, dizziness, fainting, or anaphylaxis.

Your doctor can order an Alpha-gal Panel blood test to see if you have alpha-gal syndrome.

Alpha-gal syndrome makes you allergic to mammalian meat.

You may also become allergic to other mammalian products like milk, butter, and gelatin.

Many people with AGS react to fumes from cooking meat.

Alpha-gal syndrome can make you allergic to many medications, vaccines, and other medical products, like heparin.

For more information go to alphagalinformation.org