What Blood Tests Do Doctors Use to Help Them Diagnose Alpha-gal Syndrome?

- The blood test doctors use to help them diagnose alpha-gal syndrome is called an Alpha-gal Panel.

- In the U.S., Viracor Eurofins Clinical Diagnostics is the main lab that does this test. See website and information below:

  Alpha-Gal Panel  
  Test Code: 403196P  
  Tests in this Panel  
  Galactose-alpha-1,3 galactose (Alpha-Gal) IgE  
  Beef (Bos spp) IgE  
  Pork (Sus spp) IgE  
  Lamb / Mutton (Ovis spp) IgE

- Both Quest and Labcorp can send your blood samples to Viracor, if your doctor gives them the right codes. See below the correct test codes at the time this was written. Check the links below to make sure the test codes have not changed:

  Quest: Test Code 91380  
  https://testdirectory.questdiagnostics.com/test/test-detail/91380/?cc=MASTER

  Labcorp Test Code 806562  
  https://td.halfpenny.com/labcorp/duke/testdisplay/806562

- Unfortunately, in many cases, the wrong blood test is performed. The test below is NOT the right test for diagnosing alpha-gal syndrome. It's for diagnosing another condition, Fabry disease.

  α-Galactosidase A Deficiency --this is the wrong test!

- Ask your doctor for a copy of your lab report, so you can make sure the right test was ordered. Sometimes the doctor uses the right code, but the lab orders the wrong test anyway.